

NOVEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 MINI CORN DOGS CUCUMBERS & DIP MUFFIN FRUIT	1 CHICKEN PATTY ON A BUN HOT VEGETABLE FRUIT	2 FRENCH BREAD PIZZA LETTUCE SALAD FRUIT	3 MEXICAN CASSEROLE W/ CORN CHIPS STRING CHEESE FRUIT	4 PANCAKES OR WAFFLES HAM PATTY TRI-TATER FRUIT
7 POPCORN CHICKEN SNAP PEAS & DIP FRUIT	8 SLOPPY JOES BAKED BEANS FRUIT	9 PEPPERONI PIZZA LETTUCE SALAD FRUIT	10 QUESADILLA TRIANGLES HOT VEGETABLE FRUIT	11 No SCHOOL
14 CHICKEN CASSEROLE GARLIC BREAD BROCCOLI & CAULIFLOWER FRUIT	15 BBQ PORK ON A BUN BAKED BEANS FRUIT	16 CHEESE PIZZA LETTUCE SALAD FRUIT	17 BEEF & CHEESE BURRITO HOT VEGETABLE STRING CHEESE FRUIT	18 MEAT IN GRAVY MASHED POTATOES BISCUIT, COLESLAW FRUIT
21 HAM & CHEESE WRAP CELERY & DIP OATMEAL CHOC COOKIE FRUIT	22 CHILI CHEESY BREADSTICK FRUIT	23 SAUSAGE PIZZA LETTUCE SALAD FRUIT	24 No SCHOOL	25 No SCHOOL
28 CHICKEN NUGGETS SWEET PEPPERS & DIP APPLE FRUDEL FRUIT	29 HOTDOG ON A BUN BAKED BEANS FRUIT	30 ITALIAN PASTA BAKE GARLIC BREAD LETTUCE SALAD FRUIT	1 FIESTADA PIZZA HOT VEGETABLE FRUIT	2 TOMATO SOUP CHEESY BREADSTICK POTATO WEDGES FRUIT

SAMUEL LUTHERAN SCHOOL IS AN
EQUAL OPPORTUNITY PROVIDER

MENU SUBJECT TO CHANGE

OFFERED DAILY:
CHOC (K-8), SKIM, & 1% MILK

ALL GRAINS (BUNS/BREADS/BREADING/TORTILLAS/PASTAS/CHIPS) ARE WHOLE GRAIN & MEET SCHOOL GRAIN REQUIREMENTS